2025/26





by: PIYUSH KUMAR

# History Optional FOUNDATION BATCH

#### **PROGRAMME FEES**

Online: ₹ 40,000+GST

Offline: ₹45,000+GST



Demo Class





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why ELITE

UPDATED HISTORIOGRAPHY

2nd Floor, 17A/41 WEA, Gurudwara Road, Karol Bagh, Delhi-110005

## **COVERING BOTH PAPER 1 & PAPER 2 WITH MICRO-TOPICS**



The course will cover each and every Micro-topic from the syllabus so that you will never leave a question unanswered.

Dive into our comprehensive History Optional Foundation Course designed for a 4.5-month classroom journey.



## INNOVATIVE TEACHING METHODS & ANALYTICAL FOCUS



Enhance historical understanding with modern teaching methods, using templates, mind maps, and mnemonics for analytical thinking.

Gauge your progress with 4 sectional and 4 mock tests, ensuring a solid grasp of the History Optional syllabus.



## 8-TEST SERIES FOR THOROUGH PREPARATION

## INTEGRATION OF DATA, DIAGRAMS, AND EXAMPLES



Build a strong foundation by incorporating data, diagrams, and examples, enhancing your ability to present information clearly and persuasively.

Explore art and culture extensively, meeting the specific requirements of both the optional syllabus and GS Paper 1 syllabus.



## COMPREHENSIVE ART & CULTURE COVERAGE

PERSONALISED DOUBT RESOLUTION FOR ONLINE STUDENTS



Get individualised support for clearing doubts, ensuring a deep understanding of historical concepts and exam-related queries through Zoom Sessions.

Learn effective answer-writing techniques from successful candidates, gaining valuable insights and strategies for exam success.



TOPPER-LED ANSWER WRITING PRACTICE



#### WHAT IS ELITE HISTORY FOUNDATION COURSE?

Strong Foundation with the Right Strategy for History optional ensures highest marks in History optional. Elite History foundation course is an attempt to combine **Foundation course, Mapping, Tests and Mentorship** under one roof.

- ☐ The **4 Step PMOD Framework** to score 300+ Marks in History optional.
- ☐ Entire History optional divided into **4 Modules** with Crisp Summary.
- ☐ Previous year questions based notes with **Value Added Content** on each topics.
- ☐ Get **On Demand Unlimited Mentorship** from Piyush Kumar Sir until you crack CSE.

#### **HISTORY OPTIONAL EXPERT FOR CSE**



by: Piyush Kumar

- **Piyush Kumar** is a Scholar of History Optional for UPSC CSE.
- ☐ He holds a **M. Phil** from **Jamia Millia Islamia** and is associated with **Delhi University** Teaching for the past 10+ years
- ☐ He holds over **11 Years of vast Teaching Experience** in History, UPSC CSE.
- ☐ He is currently a **Faculty for History Optional in Momentum IAS**.
- □ Aspirants under him Achieved 316+ Marks in History Optional and it is achievable

### **DEMO CLASS**

**History Optional | Paper 1 | Ancient History | Topic Name- Sources** 

https://www.youtube.com/watch?v=wLynoNxkFNw&t=3015s

## HISTORY OPTIONAL STUDY MATERIAL

https://momentumias. com/course/completebooklet-for-historyoptional

#### HISTORY OPTIONAL MAPPING COURSE: H - MAP

https://momentumias. com/course/historymapping-program

## HISTORY OPTIONAL TEST SERIES 2024-2025

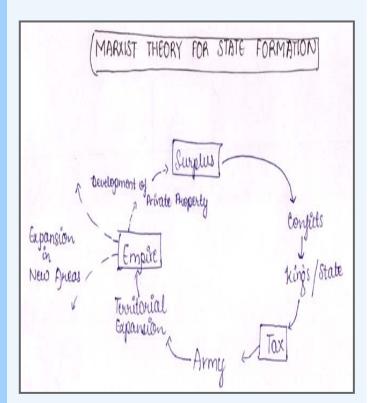
https://momentumias. com/course/historyoptional-test-series



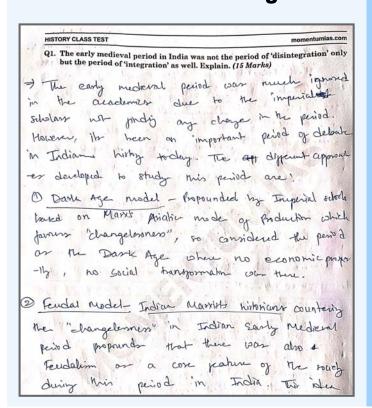
## **Zoom Video Session** *for* **Doubt Clearing**



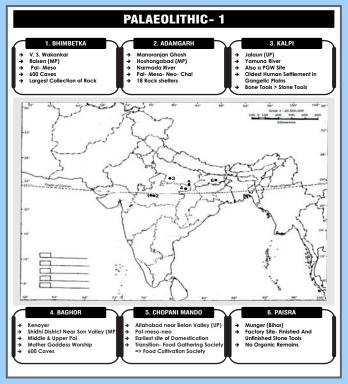
## **Theme Wise Micro Diagrams**



## On Spot **Answer Writing**

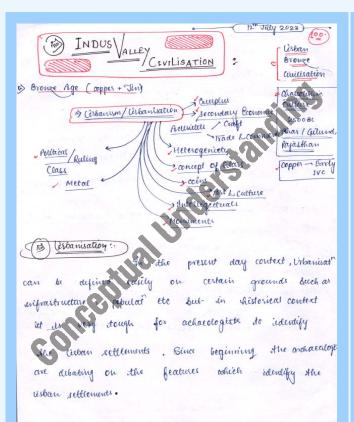


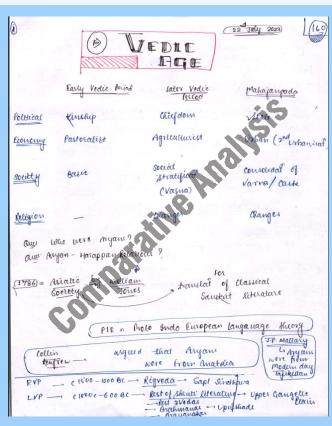
## **Full Coverage of Mapping**



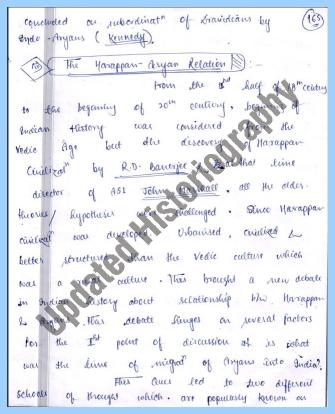


#### **CLASS NOTES**











## Micro Analysis

#### PAPER - I

This micro analysis covers important areas of the syllabus from where the questions have been asked repeatedly over the years. It also includes the probable areas for the future which are mostly ignored. This listing provides an excellent input-output ratio to mine important areas for the preparation. It reduces the vastness of the syllabus.

#### Sources

- Archeological (2019)
- Numismatic and epigraphy (2013,2017)
- Literary (2015,2018,2020,2021,2022)
- Foreign authors Greek, Chinese (2014,2022)

#### **Pre-History and Proto-History**

Map work (every year)

#### **Indus Valley Civilization**

- Sites for map work (every year)
- Origin theory of IVC
- Features of IVC urbanization, art and architecture, religion, society (2012,2013,2017,2022)
- Location and their importance (2016)
- Decline theories of IVC (2015,2018,2021)

#### **Megalithic Cultures**

- Sites for map work (every year)
- Economy, culture, and settlement patterns (2012, 2013,2014,2017,2021)

#### **Aryan and Vedic Period**

- Sites for map work (every year)
- Sources of Vedic period and their relevance (2015, 2019)
- Vedic society difference between Rig Vedic and Later Vedic period (2016,2019)
- Vedic economy difference between Rig Vedic and Later Vedic period (probable area for future)
- Contribution of Puranas and Smritis (2013, 2016,2020)

- Varna and Jati system (2013)
- Nature of Religion (2020,2022)
- Upanishadic philosophy (2014,2021)

#### Period Of Mahajanapadas

- Sites for map work (every year)
- State formation nature, features, economy, society (2015,2016)
- Development of Urbanization between 300 BCE 600 BCE (2020)
- Religious Movements Buddhism and Jainism (2014,2017,2021,2022)

#### **Mauryan Empire**

- Sites for map work (every year)
- Mauryan administration (2015,2018)
- Ashoka and Dhamma (2014,2017,2019,2022)
- Nature of Mauryan state according to Arthashastra and foreign travelers' account (2013,2021)

#### (Indo-Greeks, Post-Mauryan **Period** Sakas, Kushanas, Western Kshatrapas)

- Kushanas – Culture and Economy (2016, 2019,2022)
- Growth of different schools of art (2014,2016, 2017,2019,2021)
- Satvahanas political, economic, and cultural outlook (2016)
- Trade and commerce during this period (2017,2018)

#### Early State and Society in Eastern India, Deccan, and South India

- Sites for map work (every year)
- Sangam literature political, economic, social, and cultural traditions (2015,2017,2020)
- Indo-Roman trade (2012,2019)
- Role of guilds and trade organizations in the development of trade and commerce (2015)



#### Guptas, Vakatakas, and Vardhanas

- Gupta administration provincial and district administrative units, decentralization (2014)
- Society common people's lives, the status of women (2021)
- Land grant charters (2014,2019)
- Economy monetary system, trade and commerce (2017, 2022)
- Art and Architecture (2018)

#### Regional States During Gupta Era and **Themes in Early Indian Cultural History**

- Regional temple architecture (2012,2015, 2017)
- Temples of South India the source of social and financial institution (2016)
- Rashtrakutas – temple architecture (2015, 2022)
- Cholas – local self-government (2015)
- Chalukyas of Badami and Pallavas patronage of art

#### Early Medieval India, 750-1200

- ☐ Cholas Administration, Village Economy, and Society (2012,2014,2015,2016,2018)
- Indian Feudalism Agrarian economy, land grants, society (2014,2015,2016,2018,2021)

#### **Cultural Traditions in India, 750-1200**

- Religion forms, and features of religion
- Tamil Devotional cult (2022)
- Growth of Bhakti and its impact on society, vernacular languages, etc. (2013,2014, 2016,2019,2021,2022)
- Arrival of Islam and Sufism in India (2014,2015, 2017)
- Synthesis of Bhaktism and Sufism (2017)
- Literature Al-Beruni, Kalhana (2012,2014, 2016, 2017,2019,2022)
- Art and Architecture temple architecture, sculptures, and paintings - Cholas and Pallavas, Kashmir (2012,2015, 2017,2020,2021)

#### The Thirteenth Century

- Battle of Tarain and Chandawar the foundation of Turkish rule in India: causes, nature, and consequences (2018, 2020, 2022)
- Delhi Sultanate: Iltutmish and Balban policies and measures (2015,2016, 2017,2021,2022)
- Mongol invasion (2012,2015)

#### **The Fourteenth Century**

- Khilji Revolution (2021)
- Alauddin Khilji Agrarian and Economic Reforms (2014,2019,2020,2021,2022)
- Muhammad Bin Tughlag major projects, heterogeneous nobility (2017,2018,2020)
- Firuz shah Tughlaq religious policy and public works (2011, 2014)
- Ibn batuta's account (2011,2018)

#### Society, Culture, and Economy in the **Thirteenth And Fourteenth Centuries**

- Society (2012
- Culture Development of Indo-Persian literature: Amir Khusrau, Barani; Developments in Education during the Sultanate period; Technological developments (2013,2014,2016,2017,2019)
- Economy urban economy, trade and commerce during 13th and 15th centuries, land revenue system, judicial system, new crafts (2013,2015,2017,2018,2019,2020,2021)
- Art and Architecture new architectural designs (2018)

#### The Fifteenth and Early Sixteenth Century-**Political Developments and Economy**

- Political developments and Economy: Bahamani kingdom, Kashmir (2013,2016,2019,2022)
- Vijayanagar Empire: polity, society, segmentary state model debate, foreigner's account (2013,2014,2015,2017,2022)
- Mughal Empire: First phase – Babur and Humayun
- Sher Shah: Administration and economy
- Political and Administrative system: Mansabdari and Jagirdari system (2011, 2014,2019,2022)
- Rajput policy of Mughals (2017,2021)
- Religious policy of the Mughals (2019)

#### The Fifteenth and Early Sixteenth Century-**Society and Culture**

- Bhakti and Sufi movement role and significance; development of vernacular languages; effect on society and culture (2013,2014,2015,2016,2017,2019,2021,202
- Bhakti and Sufi saints (2013,2014,2015,2016,2017,2019 ,2021,2022)



#### Mughal Empire in the Seventeenth Century

- Religious policies under Jahangir, Shahjahan, and Aurangzeb (2019)
- Shivaji administration and economy; Maratha Movement (2012,2019,2020,2022)

#### **Economy and Society in the 16th and 17th Centuries**

- Role of the zamindari system in the agrarian economy of the period (2018,2021)
- Medieval village society (2012,2015
- Mughal monetary system and urbanization (2013,2014,2019,2022)
- Evolution of Sikh and Khalsa Panth (2017, 2018)

#### **Culture During Mughal Empire**

- Literature produced during the Mughal period -Baburnama, Akbarnama (2015)
- Development of Arabic and Persian literature
- Status of Sanskrit literature and Translation in Persian (2019, 2020, 2021)
- Mughal Architecture - Akbar, Shahjahan
- Mughal painting (2022)

#### The Eighteenth Century

- Decline of Mughal Rule factors and theories of various historians (2013,2016, 2018,2019,2021)
- Rise of regional principalities – Deccan, Bengal, Awadh (2011,2016,2021)
- Marathas – Policy of expansion, bureaucratic arrangements, Third battle Panipat (2015, 2016, 2017, 2022)

### PAPER - II

#### **European Penetration Into India**

- Battle of Plassey (2012,2014,2016,2018,2021,2022)
- Battle of Buxar (2016,2018,2022)
- Carnatic Wars (2013,2016,2019,2020)

#### **British Expansion in India**

- Tipu Sultan and Anglo-Mysore Wars (2019,2021)
- Marathas and Anglo-Marathas Wars (2017,2021)
- Maharaja Ranjit Singh and Anglo-Sikh Wars (2015,2017,2018,2020,2022)

#### Early Structure of the British Raj

- Dual System of Government (2014,2018,2022)
- Regulating Act of 1773 (2015,2016)
- Charter Act of 1833 (2012,2016)
- English Utilitarian Policy (2015,2016,2021)

#### **Economic Impact of British Colonial** Rule

- Permanent Settlement (2018,2022)
- Ryotwari Settlement (2013)
- Economic impact of revenue arrangements (2018,2022)

- Commercialization of agriculture (probable area for questions)
- Impoverishment of rural society (probable area for questions)
- Deindustrialization (2012,2013,2015,2016,2021)
- Drain of Wealth (2011,2019)
- Railways (2012,2017,2019)
- Famines, Famine policy, and Poverty (2018)

#### **Social and Cultural Developments**

- Orientalist-Anglicist controversy (2011,2018)
- Introduction to Western Education (2021,2022)
- Vernacular Press (2011,2016,2017,2021)
- Role of Christian missionaries (2019)

#### Social and Religious Reform Movements in Bengal and Other Areas

- Raja Ram Mohan Roy and Brahm Samaj (2012,2017, 2018)
- Dayanand Saraswati and Arya Samaj (2015,2017)
- Swami Vivekananda, Neo-Hinduism and Ramakrishna Mission (2013,2014,2019)
- Social Reform Movements- Sati, Widow-remarriage, women's organization (2019,2020)
- Caste Movements (2016,2017)



#### **Indian Response to British Rule**

- Peasant and Tribal uprisings (2011,2016,2019)
- Nature of rebellions during the 19th and 20th century (probable area for future)
- Moplah rebellion (2018)
- Santhal rebellion (2012,2020,2022)
- Indigo rebellion (2015)
- Revolt of 1857 (2011,2012,2014,2016,2020,2022)
- Nature of peasant movement during the nationalist phase (2015,2017)

#### Factors Leading to the Birth of Indian **Nationalism**

- Nature of Indian nationalism during colonial rule (2020, 2021, 2022)
- Formation of INC and Safety-Valve theory (2014,2020)
- Social composition and policies of the early congress (2013, 2014, 2018, 2022)
- Partition of Bengal, Swadeshi movement, and Surat split (2014,2016,2019)

#### Rise of Gandhi

- Popularity and Politics of Gandhi and its impact on the masses (2013,2017,2020)
- Khilafat and Non-cooperation movementcircumstances, need for the movement, effect (2014,2015,2018,2020,2021)
- Civil Disobedience Movement -factors, aims, success/ failures (2013)
- Cripps Mission (2019)
- Quit India Movement (2015,2019,2021)

#### **Constitutional Developments in Colonial** India Between 1858 And 1935

- Government of India Act 1858 (2010,2021)
- Government of India Act 1919 (2014)
- Government of India Act 1935 (2013,2015)

#### Other Strands in the National Movement

- Revolutionary movements from 1905-1931 (2015, 2017, 2021, 2022)
- Changing nature of the revolutionary activities between 1905-1945 (probable area for future)

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- Emergence left-wing within of congress (2011,2015,2018,2020,2021)
- Radicalization of the social-economic agenda (probable area for future)
- Trade Union movement (2020,2021)

#### **Politics of Separatism**

- Events between 1942-1947 (2014,2018,2020)
- Muslim League politics between 1937-1947 (probable area for future)
- Freedom and Partition of India (2018,2020)

#### Consolidation as a Nation

- Nehru's Foreign policy (2011,2012,2020,2022)
- Integration of princely states (2014,2017,2021)
- Reorganization of states (2013,2018,2020)
- Planning (2016,2020,2021)

#### Caste and Ethnicity After 1947

- Dalit Movements (2014,2018,2021)
- Dalit consciousness (probable area for future)
- Changing nature of Dalit assertion in 20th century (probable area for future)

#### **Economic Development and Political** Change

- Land reform (2011,2013,2015,2018,2019,2020)
- Community development programs (2019)
- Panchayati Raj Institutions (probable area for future)
- Progress in science and technology (2017,2022)
- Environmental programs (2012,2016,2022)

#### **Enlightenment and Modern Ideas**

- Enlightenment ideas (2012,2014,2018,2020,2021)
- Rousseau (2011,2014,2022)
- Kant (2010,2013,2017)
- Socialism (2014,2015)
- Engel (2019,2022)
- Marx (2016,2018,2022)

#### **Origins of Modern Politics**

American Revolution – causes, nature, changes in the world, results (2012,2014,2018,2022)

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- American Constitution factors in drafting the constitution, features (2010,2016)
- American Civil War and the abolition of slavery causes, effects and consequences (2013,2016,2020,2021)
- French Revolution causes, nature, effects, and results (2012,2014,2015,2016,2020)
- Napoleon Bonaparte role, rise, and decline; continental blockade; Reforms (2010,2012,2015,2017,2019,2020,20 21,2022)
- Revolution Of 1840's in Europe - causes and consequences (2013,2014,2019,2020,2021)
- Chartist Movement (2011,2017,2019,2021)

#### Industrialization

- English Industrial Revolution: Causes and Impact on society; Reasons for occurrence of industrial revolution in England (2011,2012,2015,2017,2018,2019,2020,2021 ,2022)
- Industrialization in other countries USA, Japan, Germany, Russia (2018; probable area for future)

#### **Nation-State System**

- Unification of Italy (2015,2019)
- Unification of Germany (2012,2014,2017,2018,2020)
- Greek War of Independence (2019)
- Decline of Turkey (2010)

#### Imperialism and Colonialism

- American overseas expansion in Asia its and consequences (2013,2014)
- Russo-Japanese War (2013,2014)
- Neo-Imperialism (2010,2013,2014,2015)
- Colonialism and Imperialism Indonesia in (2010,2011,2017,2019,2022)

#### **Revolution and Counter-Revolution**

- Revolution of the 1840s in Europe – causes and consequences (2015,2016,2017,2020,2021)
- Bolshevik Revolution of 1917 (2012,2013,2017,2021)
- Role of Lenin in the Russian Revolution of 1917 (2016, 2020)
- Era of Stalin (2020)
- Fascism in Italy causes, nature, effect, and consequences (2017, 2022)
- Nazi aggrandizement (2011)

- Weimar Republic- successes and problems (probable area for future)
- Hitler's foreign policy (probable area for future)
- Chinese Revolution (2010,2012,2015,2018,2021)

#### **World Wars**

- World War 1causes, consequences (2011,2012,2015,2017,2021)
- WW1 as a Total war (2017,2019)
- Problems in Europe (2011,2012,2015,2021)
- Paris Peace Treaties (2011,2016,2017)
- League of Nations reasons for the formation and its successes and failures (2016,2019)
- Between World War I and World War II – Japanese policy with respect to Manchuria, Appeasement of Hitler, Franklin Roosevelt's New Deal, Rise and growth of New European society between inter-war period, Great Depression- causes and consequences (2019,2021)
- World War II causes, extent, consequences, division of Europe (2018,2020,2021)
- WW-II as a history's most destructive war (2020)

#### The World After World War 2

- **Blocs** Emergence Two Power (2014,2015,2016,2018,2019)
- Truman Doctrine and Marshall plan (2015,2016,2018)
- Détente circumstances leading up to détente (2016)
- Emergence of Third World Non-Aligned Movement (2 010,2011,2015,2019,2020,2021,2022)
- UNO Global disputes, reasons of formation, role of different agencies, successes and failures (2013,2015,2018,2021)

#### **Liberation from Colonial Rule**

- Latin America Bolivar (2017,2019,2022)
- Egypt Suez crisis, Arab nationalism, Arab-Israel Wars (2012,2016,2019,2020,2021)
- Africa – Apartheid to democracy (2013,2018, 2021,2022)
- Vietnam Vietnamese war, role of Ho Chi Minh (2016, 2022)

#### **Decolonization and Underdevelopment**

Decolonization and nation building in Africa, SE Asia, Latin America (2013,2018,2020,2022)

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#### **Unification of Europe**

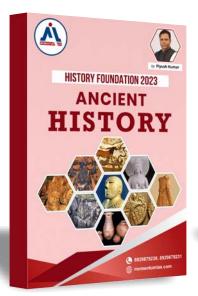
- NATO (2019)
- Europe Community and European Union (2014,2015,2017)

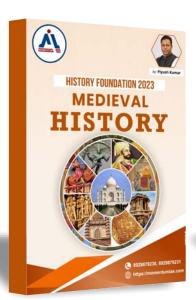
## Disintegration of Soviet Union and the Rise of the Unipolar World

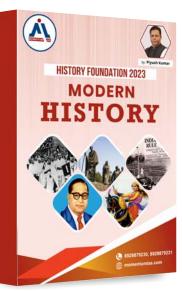
■ Events in Eastern Europe (2012,2013,2016,2017,2018,2 020,2021,2022)

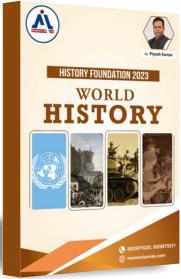
- Collapse of Soviet Union and Communism causes and consequences (2012,2013,2016,2017,2018,2020,2021,2022)
- □ End of Cold War (2012,2013,2016,2017,2018,2020,202 1,2022)
- Policies of Gorbachev (2012,2013,2016,2017,2018,2020,2021,2022)
- Rise of US as a lone super power and the rise of Unipolar world (2012,2013,2016,2017,2018,2020,2021,2022)

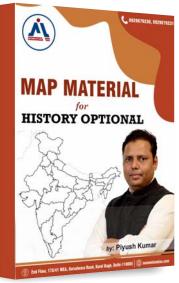
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## **Momentum IAS**

## **TESTIMONIALS**



#### **CHANDRA JYOTI** (290/500)

I thank **Mr. Piyush Kumar** who provided me his time and efforts for my preparation in History Optional which not only helped me in my Optionals but also in **GS-1** and **Essay**.

#### **Ashish Kumar** (299/500)

My strategy for clearing this exam was based on getting correct feedback from my practice test papers. for this Mr. Piyush Kumar provided me correct guidance which helped me to fetch good marks in Optional and crack this exam with flying colours.





#### Ishwar Kandoo (316/500)

This was my 4th attempt and I was lucky enough to give the best of my abilities and for that I am extremely thankful to Mr. Piyush Kumar for providing me guidance during my preparation as reflected in my Optional Marks.



## **HISTORY OPTIONAL**

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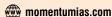
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## **HISTORY OPTIONAL IEST SFR**

by: PIYUSH KUMAR

#### **COURSE FEATURES**



Total Tests- 12 (8 Sectional + 4 Full Length)



As per the latest UPSC Exam Pattern



Model Answers for each Test Additional hands out for **Special Topics** 



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## MAP BATCH 2024

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**Salient Features of the Course** 



**3 Weeks Duration** 

**3 Classes Per Week** 





Weekly Tests (3 Tests)

**10 Classes** 





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